



HEART CUSHION

You will need

4 x 50g of Wendy Cosmic
1 pair of 4.5mm needles
Sewing needle and thread
100g of polyfibre filler

Tension

Yarn used knits as DK to this tension: 19 sts x 29 rows to 4x4in (10x10cm) measured over the st st using 4mm needles.

Abbreviation

dec knit or purl two stitches together

inc knit or purl into the front and back of each stitch.

k knit

p purl

st st stocking stitch

HEART SHAPE – MAKE 2

Note: Work in stocking stitch (one row knit, one row purl throughout)

Cast on 4 sts using 4mm needles.

Row 1 Knit.

Row 2 Purl.

Inc 1 at beg and end of following 4 rows. [12 sts]

Row 7 Knit.

Row 8 Inc 1 at beg and end of this row. [14 st]

Row 9 Knit.

Rows 10 – 17 Inc 1 at beg and end of each row. [30 sts]

Row 18 Purl.

Inc 1 at beg and end of next 2 rows.

Next row Knit 1 row.

Inc 1 at beg and end of next 3 rows.

Next row Knit 1 row.

Inc 1 at beg and end of next 2 rows.

Next row Purl 1 row.

Inc 1 at beg and end of next 4 rows.

Next row Knit 1 row. [52 sts]

Row 34 Inc 1 at beg and end of this row, and every other row for 12 rows. [64 sts]

Row 47 Inc 1 at beg and end of row.

Work 2 rows. [66 sts]

Next row Inc 1 at beg and end of next row.

Work 2 rows. [68 sts]

Next row Inc 1 at beg and end of next row.

Work 4 rows. [70 sts]

Row 58 Inc 1 at beg and end of this row.

Work 9 rows.

Row 68 Dec 1 at beg and end of this row.

Work 2 rows.

Row 71 Dec 1 at beg and end of this row.

Row 72 Purl. [68 sts]

SPLIT as follows:

Row 73 Dec 1, P30. Turn work, leaving remaining 33 sts on a spare needle or stitch holder.

Row 74 Knit one row.

Row 75 Dec 1 at beg and end of this row. K1 row. (30 sts)

Row 77 Dec 1 at beg and end of this row. K1 row. (28 sts)

Row 79 Dec 1 at beg and end of this row. K1 row. (26 sts)

Row 81 Dec 1, P to last 4 sts, dec 2. [23 sts]

Row 82 Dec 2, K to last 2 sts, dec 1. [20 sts]

Rows 83 & 84 Dec 2 at beg and end of these rows. [12 sts]

Row 85 & 86 Dec 1 at beg and end of these 2 row. [8 sts]

Cast off.

Repeat rows 73 to 86 for other side.

FINISHING

This yarn is not suitable to use to sew up your cushion, so use an appropriate colour of sewing cotton.

Gently pull the two pieces of fabric into even heart shapes. Place them together with the (furrer) purl sides facing each other. Starting at the bottom tip of the heart, firmly back stitch the edges together about 1cm from the edge. Stitch all the way around, but leave a 10cm gap down the final straight side of the heart shape. Turn the cushion inside out by pulling it through the gap you have left. Stuff with enough filler to give the cushion shape. Sew up the gap neatly.